

Peace Haven

INSPIRED TO SERVE

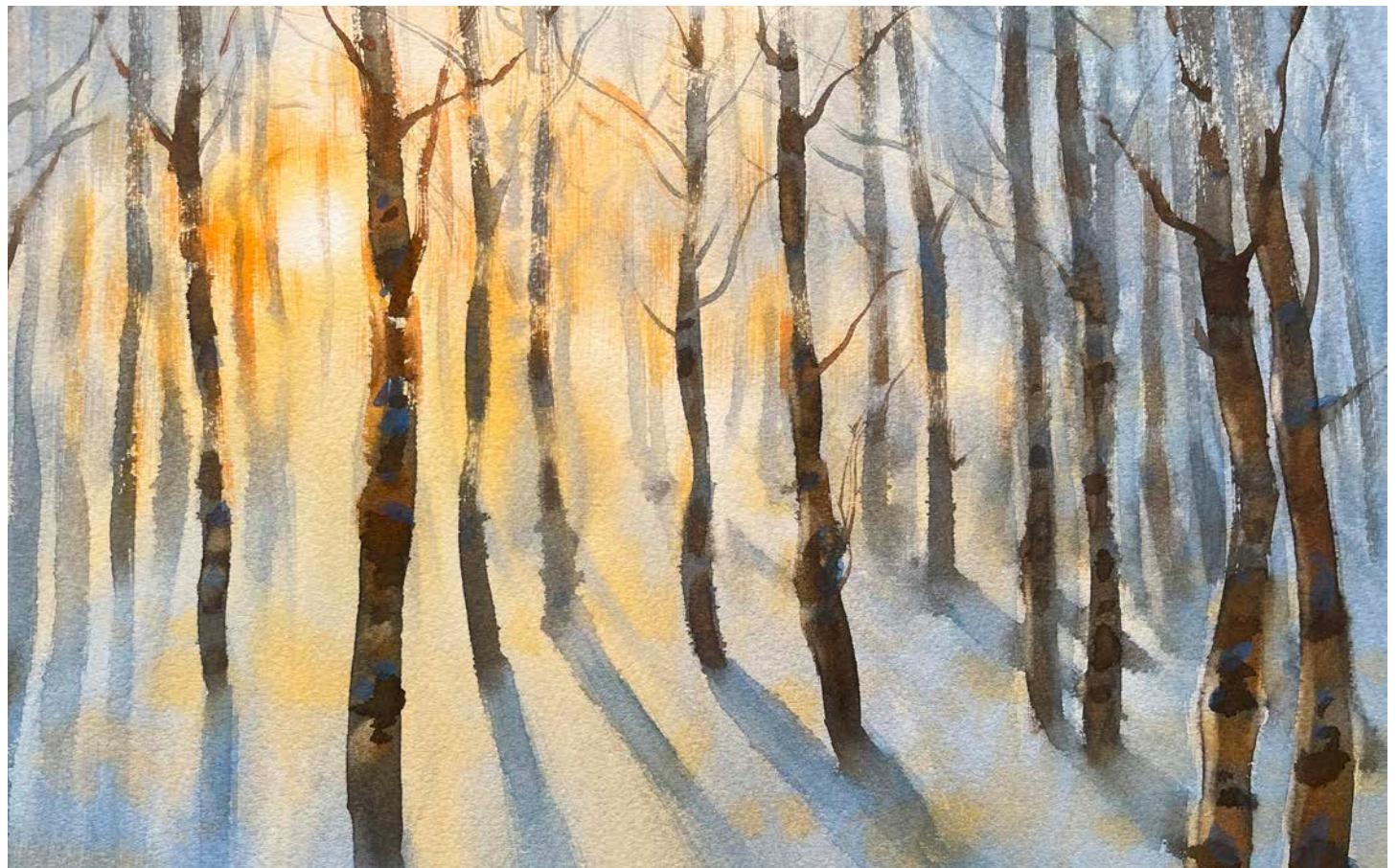
2026 Winter Newsletter



Christian Science Nursing . Cherishing Christian Healing

The Spirit of Christ-Healing

VALERIE HICKAM, EXECUTIVE DIRECTOR



Mary Baker Eddy writes, "In different ages the divine idea assumes different forms, according to humanity's needs. In this age it assumes, more intelligently than ever before, the form of Christian healing. This is the babe we are to cherish. This is the babe that twines its loving arms about the neck of omnipotence, and calls forth infinite care from His loving heart" (*Miscellaneous Writings 1883-1896*, Mary Baker Eddy, p. 370:12). Don't you just love that? — "...infinite care from His loving heart"!

God is caring for each one of us infinitely, eternally, without interruption. This is the Christian healing whereby we have come to understand, through the demonstration of our Master Christ Jesus, and Mrs. Eddy's discovery of the Science of the Christ, man's relationship to our Father-Mother God.

In *Science and Health with Key to the Scriptures*, Mrs. Eddy writes, "Jesus established his church and maintained his mission on a spiritual foundation of Christ-healing. He taught his followers that his religion had a divine Principle, which would cast out error and heal both the sick and the sinning" (p. 136:1-5).

Peace Haven plays a vital role in the mission of Christian Science through the *Manual By-Law*, Christian Science Nurse, in support of the Christ-healing in this age (see *Manual of The Mother Church*, Mary Baker Eddy, p. 49:7). The essence of Peace Haven's healing mission is to bear witness to the Christly perfection of man. The essence of Christian Science nursing is to behold this Christly perfection while providing practical care guided by divine wisdom. Peace Haven's mission is daily reflected

in this healing atmosphere.

It is the scientifically Christian thinking that is the worth of Christian Science nursing. Christian Science nurses bear witness to the present perfection of all who come to Peace Haven for care. These individuals are trained in the ethics and skills of Christian Science nursing, prayerfully meeting the practical needs of the patient while the patient and Christian Science practitioner specifically pray together. On page 4 of this newsletter, we include a testimony we recently received that beautifully highlights these ideas.

Christian Science nursing is an opportunity for all of us to work together. Recently, I've been thinking about a Bible story in the book of Mark, the palsied man who was carried on a bed by his friends into the presence of the Christ. Jesus was preaching in a house, and when they could not reach Jesus through the crowd, they broke apart the roof to lower their friend into the room where Jesus was speaking. What do we see in this story? Of course, we recognize that everyone responds to the Christ! These individuals loved their friend and recognized his need, they had faith in the healing Christ, and they overcame obstacles to healing. At Peace Haven, our collective partnership provides a haven of peace where our friends can be cared for with the Science of the Christ in their time of need. We are so grateful for the dedicated and unselfed work of Peace Haven's Christian Science nurses who are always at their posts.

There is a special need across the movement for Christian Scientists to serve as Christian Science nurses. We would be happy to answer any questions as you pray about and explore how you can help meet this need.

We are grateful for those who have answered the call to join us in this ministry through our Christian Science Nursing Arts Training program. Christian Science nurse Samantha McClintick recently graduated from the Christian Science Nursing Arts Training program. You can read more about this on page 5.

All who nurture Peace Haven's healing ministry make

a difference in this work. Our staff members feel such a boost when interacting with you! We're delighted to host community programs each year, where we gather together in our shared love for Christian Science nursing and one another. Over the past year, we have loved connecting with Christian Science branch church members in the eight surrounding states and beyond as we helped elevate awareness of Christian Science nursing and its vital role in our Church. Our annual Fall Open House is always a joy-filled occasion as we welcome you to Peace Haven to express our gratitude with delicious food and opportunities for you to visit with Christian Science nurses and friends from Christian Science churches throughout the greater St. Louis area. In a few weeks, we will again partner with The Effulgence Foundation to present a film that promises to offer an inspiring evening of learning about an early Christian Science worker.

"God is caring for each one of us infinitely, eternally, without interruption."

Every month, we love welcoming volunteers to Peace Haven who provide church services, hymn sings, and a variety of other experiences. We also enjoy welcoming local Christian Science Sunday School students who volunteer to maintain our children's garden, provide testimony meetings with the help of their parents, and join in our activities throughout the year.

Working together with you and your generous and Christly spirit lifts our hearts to do this work. In this new year, we continue to be filled with gratitude for all the ways you support our work and your fellow Christian Scientists. Your love of Christian Science healing is a tender embrace of all who partner in this healing ministry. Thank you!

Gratitude for Peace Haven

A PATIENT'S FAMILY MEMBER



Peace Haven has been a practical and spiritual resource for our family as we have prayed to provide the best care for my mother over many years. When my mother was living at home with our family and we had questions about helping her with showers and setting up her room to ensure independence and safety, we called Peace Haven. The Christian Science Nursing Director provided many useful ideas to help us support my mom with dignity, care, and wisdom.

At one time, my mother fell and could not get up, so we called a Christian Science practitioner and Peace Haven. A Christian Science nurse quickly came to our home. We appreciated her calm and loving presence as we got help to lift my mom and get her into bed.

My mother was not able to come to Peace Haven at that time, but Hymn 9 assured us: "O longing hearts that wait on God / Through all the world so wide; / He knows

the angels that you need, / And sends them to your side, / To comfort, guard and guide" (*Christian Science Hymnal*, No. 9:3).

God's support was seen and felt in many ways. Through prayer, my husband and I were led to rent an adjustable bed, prepare food in helpful ways, and tenderly, joyfully, and prayerfully support my mom. Three Christian Science nurses came to the house at different times and showed us appropriate ways to gently lift my mom and to properly care for her changing needs. Their help was essential in providing a comfortable and healing environment while the full healing took place.

This passage from the Christian Science textbook was a beacon during times when the physical picture was discouraging: "Who dares to doubt this consummate test of the power and willingness of divine Mind to hold man forever intact in his perfect state, and to govern man's entire action?" (*Science and Health with Key to the Scriptures*, Mary Baker Eddy, p. 493:30-2).

We truly witnessed the "power and willingness of divine Mind to hold" this family member forever intact in her perfect state, and to govern her entire action. The definition of the word "intact" is:

- complete and original in state
- remaining sound, whole; untouched by harm
- not altered, broken, or impaired
- not fragile
- entire, perfect, whole

Each day, my mom continued to experience more and more of the freedom, comfort, strength, and joy that belong to God's ageless and indestructible expression. We rejoiced when she was again walking, leaping, and praising God.

Later, as my mom's needs for support increased, our family wrestled with whether to apply for admission to Peace Haven. As a family, we battled with a sense of guilt as we wondered if we should be caring for her at home. As we prayed over several months, it became clear that

going to Peace Haven would be a step of progress for her. This has proved true. Peace Haven has provided a bigger sense of family and greater opportunities for activity. The staff are present 24/7, embracing her in love and continually celebrating her true spiritual selfhood.

For example, my mother loves to take walks outside, and during the first few days after she came to Peace Haven, Christian Science nurses and staff would come up to us to say how much they had enjoyed taking my mom on a walk outdoors. This speaks to a bigger truth – the Peace Haven staff are present to walk every step of the way with those individuals seeking to demonstrate eternal and abounding Life.

We have the privilege of visiting my mom at Peace Haven frequently. My mother loves Christian Science, and we are deeply grateful for all the activities that support her spiritual growth and understanding: group reading of the Bible Lesson every morning, Monday afternoon reading of *We Knew Mary Baker Eddy*, Tuesday afternoon Community of Healers inspirational sharing, Wednesday testimony meetings, Thursday Bible Lesson study, weekly hymn sings, and Sunday church.

The Activities Manager plans cooking classes, balloon volleyball, music, arts and crafts, holiday celebrations, and special outings. Individuals and groups, including school children, come in to share their talents. As you can see, Peace Haven provides a vibrant and rich environment filled with light, healing, freshness, spiritual inspiration, and love as each one there seeks to demonstrate man's

true spiritual selfhood and oneness with God. It is a privilege for our family to work together with the staff in meeting my mother's needs and rejoicing in the reality of her joyous being.

At one point, I was struggling with how to think about abilities and disabilities and the progress of someone of advanced years. The following passage by our Leader, Mary Baker Eddy, focused my thought on what true fruitfulness is: "The natural fruits of Christian Science Mind-healing are harmony, brotherly love, spiritual growth and activity" (*The First Church of Christ, Scientist, and Miscellany*, Mary Baker Eddy, p. 213:1-3). I felt a release from the discouraging, material view of man as a mortal and felt the holy joy of recognizing that the patients and staff at Peace Haven are fruitful and productive because they are clearly evidencing "harmony, brotherly love, spiritual growth and activity."

Caring for a loved one facing a challenge can seem isolating at times. It is so important to remember that we are never alone. All the resources of divine Love are available to each one of us. God does all the caring, and His complete and tender care is always meeting our needs in the best way possible. The words of the father in the prodigal son story assure our hearts, "...Son, thou art ever with me, and all that I have is thine" (Luke 15:31). God is forever with each one of us, so all the spiritual wisdom, joy, tenderness, support, strength, and dominion of God are ours.



Sam McClintick Graduates

Samantha "Sam" McClintick began Christian Science nursing several decades ago. She then paused to nurture her family, including raising three children. After they graduated from high school, she was inspired to begin Christian Science Nurses Training at Peace Haven. This past October, Sam completed her coursework and mentoring and attended the graduation ceremony at Chestnut Hill Benevolent Association in Chestnut Hill, Massachusetts. She especially cherishes the "Love reflected in love" she witnesses as a Christian Science nurse. As she continues to embrace this love, Sam says, "My ministry keeps unfolding in the most beautiful ways!"

Bearing Witness is Christian Science Nursing

BARRY ROSEN, FACILITY MANAGER



Our Leader, Mary Baker Eddy, writes in *Miscellaneous Writings 1883-1896*, "I make strong demands on love, call for active witnesses to prove it, and noble sacrifices and grand achievements as its results" (p. 250:16-18). Christian Science nurses daily bear witness to love in action. Their ability to provide physical care while beholding man's true identity helps uplift the patient's thought, turning it away from the material picture. With every care activity, the Christian Science nurse embraces the perfection of man and demonstrates their love for God and His image and likeness.

In the *Manual of The Mother Church*, Article VIII, Section 31, Mrs. Eddy established the By-Law for the Christian Science Nurse, and she listed three requirements for those representing themselves as Christian Science nurses: "...one who has a demonstrable knowledge of Christian Science practice, who thoroughly understands the practical wisdom necessary in a sick room, and who can take proper care of the sick" (p. 49:10-13). These standards are the foundation of Christian Science nursing. In *Science and Health with Key to the Scriptures*, Mrs. Eddy further describes what the Christian Science nurse should hold in thought when providing care. She writes, "The

nurse should be cheerful, orderly, punctual, patient, full of faith, — receptive to Truth and Love" (p. 395:18). Expressing these qualities has a specific role in the care activity. When understood spiritually, they support the patient and the prayerful treatment of the Christian Science practitioner.

Cheerful: A quality of joy, an attribute of Life, a manifestation of God. It is more than just a helpful smile. Cheerfulness as joy is power. In Noah Webster's 1828 dictionary, *American Dictionary of the English Language*, he gives a meaningful understanding of that power: "...To dispel gloom, sorrow, silence or apathy;... To infuse life, spirit, animation;..." In Luke, when the seventy returned from their mission to heal the sick, they were exceedingly joyous for "...even the devils are subject unto us through thy name" (Luke 10:17). Christian Science nurses rejoice, knowing there is no reality to any form of limitation. The Christian Science nurse bears witness to the Christ, dispelling gloom and sorrow. Cheerfulness bears active witness to the omnipotence and omnipresence of divine Truth, Life, and Love.

Orderly: Mrs. Eddy states in *Science and Health*, "Derangement, or disarrangement, is a word which con-

veys the true definition of all human belief in ill-health, or disturbed harmony" (p. 421:4-7). Many words begin with "dis" that may disturb harmony and therefore support ill-health. The Latin prefix "dis" implies separation, a parting from. Disorder then implies a parting from order or harmony; disease, a separation from ease and peace; discouragement, a separation from courage and strength; and discord, the opposite of concord. The Christian Science nurse rejects any "dis" presentation in their own thought, or whatever may present itself, when caring for a patient, and strives to express order in their work so that harmony prevails. The power of orderliness is stated in our textbook: "In the order of Science, in which the Principle is above what it reflects, all is one grand concord" (*Science and Health*, p. 240:10-11). Discord cannot long exist where the Christian Science nurse actively practices the grand concord of orderliness.

Punctual: Being on time is an important discipline to master, and a Christian Science nurse strives to be present and punctual. But a spiritual understanding of punctuality cannot involve time. Mrs. Eddy describes time as mortal measurements and limitation (see *Science and Health*, p. 595:17). By definition, punctual means "Consisting in a point;... Exact;..." as found in Noah Webster's 1828 *American Dictionary of the English Language*. The definition alludes to being present at an exact moment and is akin to immediacy. The omnipresence of God precludes the possibility of any God-like quality being absent or late. The attributes of divine Love, comfort,

ease, and harmony, are never absent or late. Mrs. Eddy writes, "God being everywhere and all-inclusive, how can He be absent or suggest the absence of omnipresence and omnipotence?..." (*Science and Health*, p. 287:13-15). There can never be a blank or unfulfilled point. The power of punctuality is in the recognition that any challenge to health and harmony is already met because God's love is at that very point. The Christian Science nurse actively bears witness to the presence of the Comforter, which is never absent.

Patient: In *Science and Health*, Mrs. Eddy makes it abundantly clear what is needed to alleviate suffering. She says, "The poor suffering heart needs its rightful nutriment, such as peace, patience in tribulation, and a priceless sense of the dear Father's loving-kindness" (p. 365:31). Patience must be seen as including expectancy and being steadfast in the Truth, not enduring a difficulty. If we simply tolerate a discordant condition, we give it legitimacy and thereby work against the harmony we seek.

The Bible says, "... let patience have her perfect work, that ye may be perfect and entire, wanting nothing" (James 1:4). Mrs. Eddy correspondingly states, "Patience must 'have her perfect work'" (*Science and Health*, p. 454:24). "Must" is declarative and demands unfettered expectancy. The power of patience is in expectation, to be clear that God's control has never been abrogated by some other power. Christian Science nurses patiently maintain the expectation of healing, knowing that the prayerful work of the

*"They worship Him in spirit now,
God's messengers of Love and Life,
They do His will, they speak His Word,
That stills all pain and strife.
They show an ever clearer light,
Like stars they shall forever shine;
They witness truly to His Word,
And God saith, These are Mine."*

— *Christian Science Hymnal*, No. 19:2

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Love as Obedience

PEACE HAVEN CONTRIBUTOR



Love for Christ Jesus is the fundamental basis for being a Christian. Our textbook says, "... we adore Jesus, and the heart overflows with gratitude for what he did for mortals... we owe him endless homage" (*Science and Health with Key to the Scriptures*, Mary Baker Eddy, p. 26:1-2 we (to ,), and p. 18:4-5 we). Those are powerful words, worthy of continual consideration.

How close are we to "endless homage" of our dear Master? How often do we acknowledge his unique role in the revelation of Truth to mankind? How do we best show our gratitude for him?

The textbook answers, "To keep the commandments of our Master and follow his example, is our proper debt to him and the only worthy evidence of our gratitude for all that he has done. Outward worship is not of itself sufficient to express loyal and heartfelt gratitude, since he has said: 'If ye love me, keep my commandments'" (*Science and Health*, p. 4:5).

Love is then equated with obedience. Therefore, to obey God's laws is to love Him, and vice versa. Mrs. Eddy calls loving God with all your heart, soul, mind, and strength "...the El Dorado of Christianity" (*Science and Health*, p. 9:21 the (only)). Each day affords us fresh op-

portunities to love Him more and better through obeying our Master's "...precious precepts..." (*Science and Health*, p. 31:17 only, to ,).

One of those "precious precepts" is when Jesus instructed his disciples in the Garden of Gethsemane to "Watch and pray, that ye enter not into temptation:..." (Matt 26:41 to :). This watching and praying is a hallmark of Christian practice and is reinforced in the "Alertness to Duty" By-Law in the *Manual of The Mother Church*, where our Leader instructs: "It shall be the duty of every member of this Church to defend himself daily against aggressive mental suggestion, and not be made to forget nor to neglect his duty to God, to his Leader, and to mankind. By his works he shall be judged, — and justified or condemned" (p. 42:4).

You may not have thought of this By-Law as the essence of love, but that's exactly what it is. To daily watch and pray that aggressive mental suggestion has no power or influence over us is not only to be obedient to this By-Law, but it is to love God as the only genuine source of

"You may not have thought of this By-Law as the essence of love, but that's exactly what it is."

power and influence. To allow ourselves to be influenced by any other seeming power is to not love God fully.

It is not out of obligation, but out of our overflowing gratitude for God and his beloved Son, that we defend ourselves daily. It is a joy to daily take up our duty to God, our Leader, and mankind. The basis of the word "duty" is that which you owe someone else. What, then, is our duty to God, our Leader, and mankind? In his letter to the Roman church, St. Paul said, "Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law" (Rom 13:8). The word "homage," which we owe

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our Master endlessly, means "devout affection."

It is, therefore, through genuine love expressed in joyful obedience to God's laws that we daily fulfill our duty to God, our Leader, and mankind. As our Master defined a genuine Christian, "By this shall all men know that ye are my disciples, if ye have love one to another" (John 13:35).

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Christian Science practitioner and the patient bears fruit.

Full of Faith: The familiar verse in Hebrews, "Now faith is the substance of things hoped for, the evidence of things not seen" (Heb 11:1), speaks to the faithfulness of Christian Science nurses to disbelieve presentations of disease and disability and affirm the perfection of man as the only reality. Mrs. Eddy writes, "Spiritual sense, contradicting the material senses, involves intuition, hope, faith, understanding, fruition, reality" (*Science and Health*, p. 298:13-15). Faith that leads to spiritual understanding intentionally and specifically acknowledges God's presence and control. It's intentional, for it manifests as conviction, trust, reliance, confidence, expectation, aspiration, hope, optimism, and buoyancy. Mrs. Eddy writes, "As a cloud hides the sun it cannot extinguish, so false belief silences for a while the voice of immutable harmony, but false belief cannot destroy Science armed with faith, hope, and fruition" (*Science and Health*, p. 298:4). Christian Science nurses are armed and ready to faithfully refute all evidence to the contrary of the patient's perfection as God's beloved idea.

Receptive to Truth and Love: Christian Science nurses are receptive to Truth — God's truth about man and man's freedom from all limitation. Christian Science nurses are receptive to Love, God's love that embraces the patient with kindness, joy, patience, and gentle encouragement. They actively listen to Truth and Love, to know what to do and how to do it. They get self out of the way

so that the messages from divine Mind can be heard and obeyed.

At one time, I was asked to care for a man who was uncooperative whenever he was washed. The care needed to be given for a right sense of cleanliness, but it was a challenge. I knew there had to be a solution, one that honored the dignity of this man as a child of God and embraced him with the Golden Rule, to treat him as I would want to be treated. The thought occurred to me to offer a daily bath, not just partial washing, even though his care did not typically require it. Each day I would greet him and say I was "drawing" his bath, using a formal term for the activity. When he heard this, his ears perked up, and he repeated the words, "drawing my bath," and eagerly accepted my assistance into the bathroom, onto the bath chair, and even sang to himself while using the washcloth. The atmosphere totally changed, and I was grateful to have been led to a new way of providing care.

Christian Science nurses actively bear witness to divine Love in everything they do. When Mrs. Eddy calls for active witnesses to prove it, Christian Science nurses do this every day. Each time a Christian Science nurse comforts, encourages, supports, and stands firm in recognizing man's true identity, noble sacrifices are made, and grand achievements must be the outcome.

2026 Metaphysical Theme

"...the spirit of the healing Christ,..."

Each year, the staff prayerfully works with a metaphysical theme in support of Peace Haven's mission. We enjoy meeting monthly to share inspiration and fruitage gained from the practical application of our study.

Message to The Mother Church for 1902, Mary Baker Eddy, p. 9:18-21

Open House 2025 - A Special Day with Friends

PEACE HAVEN STAFF



In September, Peace Haven was delighted to host our annual Fall Open House. It was a joy to welcome friends and supporters, who we embraced in gratitude with delicious food and opportunities to connect with Christian Science nurses and friends from branch churches throughout the greater St. Louis area.

In addition to sharing food and fellowship, this Open House included activities for Sunday School students inspired by the Busy Bees and Young Pioneers in the Christian Science movement. Each interactive experience highlighted how following the Christ blesses all. These activities also illuminated how servant leadership, which follows Christ's example and incorporates Mary Baker Eddy's teachings, is evident in the founding of Christian Science, as well as Christian Science nursing and daily life today.

We extend special thanks to Olivia Halverson, a local Christian Science Sunday School teacher and middle school educator, who generously shared her expertise and provided the activities for Peace Haven's guests to enjoy. We are also so grateful for every volunteer who lovingly supported this special event.



Thank you to all our friends for supporting Peace Haven!

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FILM PRESENTATION BY
THE EFFULGENCE FOUNDATION

Saturday, March 7, at 7:00 p.m.

The film will be presented at
First Church of Christ, Scientist, Creve Coeur
10939 Ladue Road, Creve Coeur, MO 63141

NO RESERVATIONS ARE REQUIRED FOR THIS EVENT

INVEST IN OUR MISSION

Peace Haven is an active expression of divine Love meeting the human need by providing Christian Science nursing care for those wholly relying on Christian Science for healing.

We provide a facility and healing environment that serves patients' needs. We also offer Christian Science nurses' training and mentoring, over-the-phone guidance, and more!

Sustaining this mission requires ongoing financial resources and dedicated staff. Income from patient care alone does not cover all operating costs. We are deeply grateful for the spiritual reality of supply that we collectively demonstrate.

Countless individuals have reaped the blessings Peace Haven provides!

To learn about how you can support Peace Haven in this new year, please call Director of Development Brian Webster at 303.881.2573, or visit www.phcsn.org/donate.

ADMINISTRATION

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including Christian Science Nursing Education

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Healed While Reading the Newsletter

HADLEY GROW, PEACE HAVEN CONTRIBUTOR



Last winter, I had the opportunity to metaphysically treat and practically care for my husband at home while he demonstrated his freedom from a physical challenge. As he made wonderful strides of progress with his health, I began to feel ill and was led to call a Christian Science practitioner for additional metaphysical support.

We revisited the three degrees in the Christian Science textbook, *Science and Health with Key to the Scriptures* by Mary Baker Eddy (see p. 115:19-3). We noted that health is listed in the third degree and thus is spiritual, not material nor based on material laws or the testimony of the five physical senses. We reasoned that man's health, therefore, is a foregone conclusion from his expression of God, the great I AM; health is God-given and part of our identity as spiritual ideas.

Following continued work with the Christian Science practitioner, a clear angel message came to read Peace Haven's *Winter 2025 Newsletter*. I picked up the newsletter and began to read each page. A sense of peace, love, and gratitude for our Leader and her provision for Christian Science nursing in the *Manual of The Mother Church* washed over my consciousness (see *Church Manual*, p. 49:7). I realized that Christian Science practice and Christian Science nursing work are divinely protected and pro-

visioned activities. I, too, was protected and blessed in the Christian Science nursing work I was doing for my husband, and this work could never be a burden nor lead to sickness. Mrs. Eddy writes, "Let us reassure ourselves with the law of Love. God never punishes man for doing right, for honest labor, or for deeds of kindness, though they expose him to fatigue, cold, heat, contagion" (*Science and Health*, p. 384:5-9).

While continuing to read and expand my spiritual understanding of health as a foregone conclusion from my expression of God, the synonyms for God jumped out at me on every page of the newsletter: the watercolor illustrations illuminated Soul's grace, balance, symmetry; "The Value and Art of Bedmaking" demonstrated Principle's order, discipline, precision, as well as the selflessness, meekness, and care of divine Love; "Practical Nourishment Begins with God" exemplified the fruit of the Spirit: abundance, supply, creativity, and provision in practical ways; "Christian Science Nurses Training" spotlighted man's receptivity and obedience to Mind's call, the joy and immortality of Life, and the strength and inspiration of Truth that led each Christian Science nurse to Peace Haven.

As I finished reading the newsletter, I was inspired, rejuvenated, and filled with the sunlight of Truth. This was the turning point in my demonstration. I knew the healing had taken place in consciousness, and the body would catch up shortly thereafter. Sure enough, I was soon back in perfect health. Mrs. Eddy writes, "The effect of this Science is to stir the human mind to a change of base, on which it may yield to the harmony of the divine Mind" (*Science and Health*, p. 162:9).

I am grateful to everyone who contributes to and makes Peace Haven's newsletter possible. It truly uplifts all who read it and reminds us of the infinite blessings that come from obedience to our Leader and radical reliance on Truth for healing.